

# FOS Hachenburg





Dear reader,  
we are pupils from the FOS Hachenburg!  
Our school has two different classes, they're  
health and business.

You can start at this school after your junior  
high school graduation.

It takes two years before you finish your final  
secondary-school examinations.

We start with the 11th class, where we do three  
days of practical work in a company, a hospital  
or an other facility, depending on which option  
you have chosen.

The other two days of the week we attend  
school, where we learn theoretical skills. Of  
course, we also study other subjects, such as  
Maths, German, English, Biology, Physics,  
Religious Education, Chemistry.

Later, in the final 12th class we have five days  
of school a week. There is a focus on  
health/business with 13 hours per week.

At the end of this class you have to pass the  
final exams which we are still working on at the  
moment.

Our school is pretty new in our area, it's only  
two years old.

Viktoria Gerharz, 12 G, 11.06.2014





Dear staff and students of  
Ecole Secondaire Save,

We, the staff of Realschule Plus Hachenburg  
and FOS and our 820 pupils, are very glad to  
have found a twinning school in Rwanda. This  
booklet wants to give you some impressions  
of our location, the surrounding area, and the  
daily lives of our students.

It would be nice if the students of both of our  
schools could establish some letter or mail  
contact. As for the future, let's hope for and  
work towards the possibility of exchange  
visits.

We are looking forward to hearing from you.

Kind regards

Daniel Bongers – Principal

Jörg Müller - Second principal



Danica Michel  
principal (lower classes)

Kristina Stricker –  
Second principal (upper classes/  
FOS)

Mario Hüsch  
Second principal

The FOS-Teacher:  
Matthias Fischer: Chemistry,  
Maths  
Matthias Vöhl: German, Industrial  
Economics  
Christian Dörge: Industrial  
Economics, Social Studies  
Iris Niemann: English  
Kristina Stricker: Health, Biology



The building and  
the schoolyard.



Ulli our caretaker.

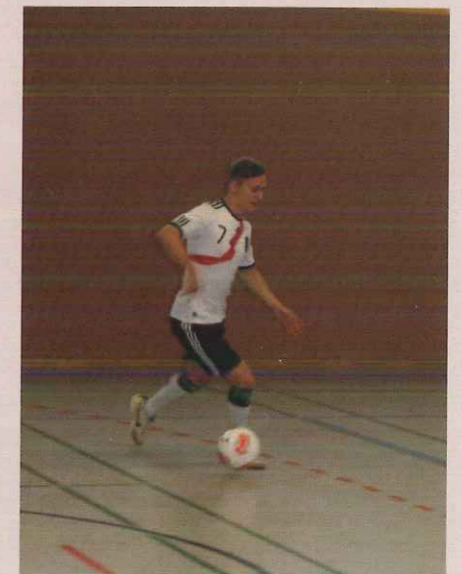
Our health-room:  
We have a lot of  
material to practise  
on.



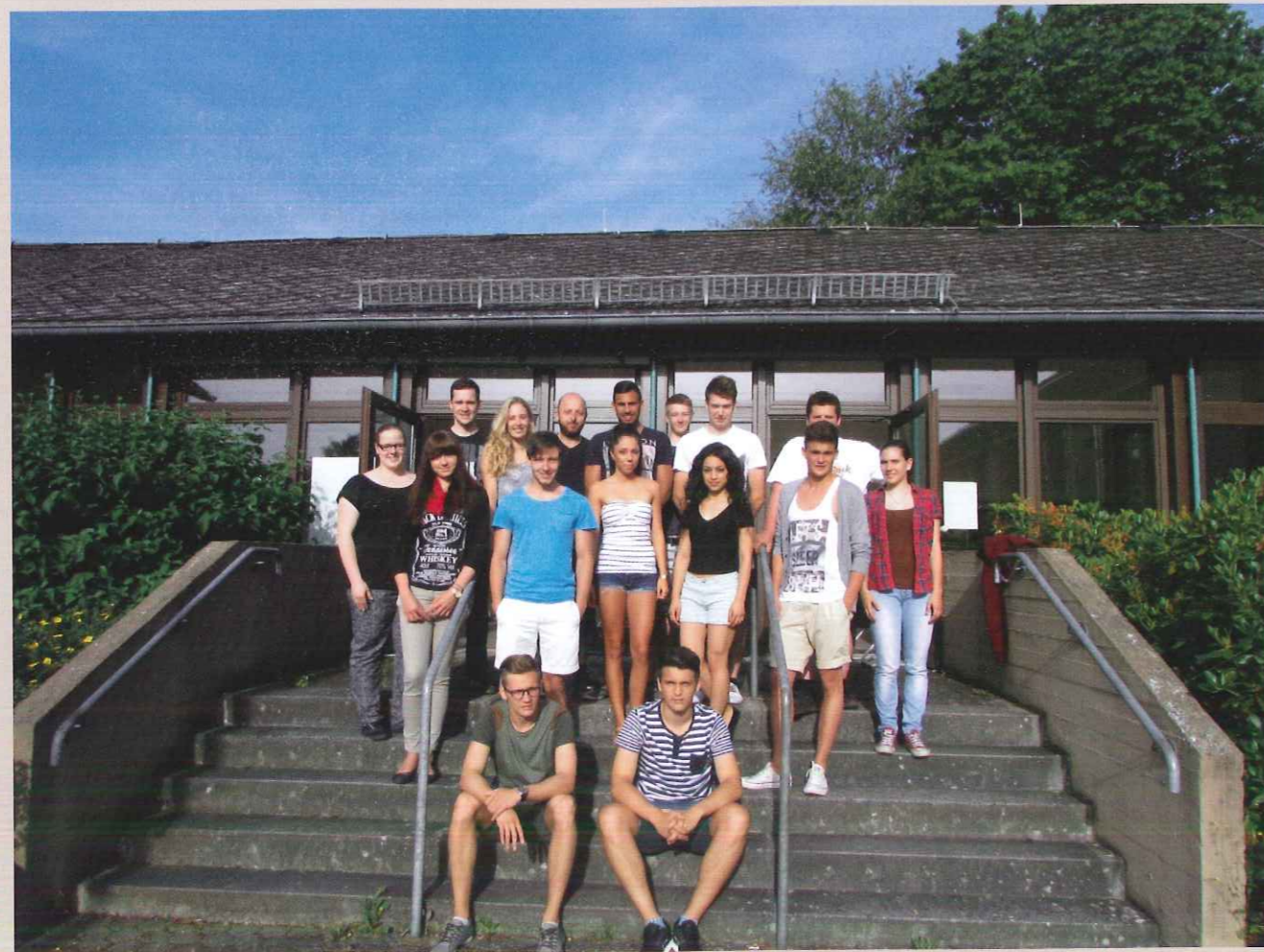


Hello, my name is Vanessa and I'm 18 years old, currently I'm attending the Fachoberschule in Hachenburg. I chose the branch „economic and administration“. The school is really nice and in my first year (11th grade) I had to do a work experience for one year. We had to chose a job which also fit our branch of study. I picked the job as a retailer in a leather company which also produces leather bags. I had to work in the office and in customer service. This included processing of complaints, sending spare parts and replying to e-mails of customers. Through this I improved my English, because most customers were from abroad. During this year we had to work 3 days a week and 2 days we attended school. Getting back to school-life was difficult, because learning for tests or presentations during the working-days was not easy. After work I was tired most of the time so there was no time to learn a lot. In my opinion the 12th grade was easier. We had school for 5 days a week, no work placement anymore. Learning for exams or presentations was not stressful, because I had a lot of time. All in all I can say the FOS prepared me well for the world of work.

Vanessa Sönmez, Class 12W







Hello, we are class 12 W („W“ stands for „Wirtschaft“ which means `business‘ in this case).

We are 15 students in our class (6 girls and 9 boys). As we are the economics class, we have subjects like: Industrial Economics, Maths, German, English, Chemistry, Religion, Social Studies and Sports. Mostly our lessons are from 7.20 am to 12.30 am, in between we have two breaks of 20 minutes. We are all glad to be done with our exams, we had written exams in English, Maths, German and Industrial Economics. The exams were very difficult and we had to learn very much. The requested stuff in the exams was material of grade 11 and 12. We had 3-4 hours to write each exam. After every exam we had one day off, so we could prepare for the neyxt exam. After every written exam all students felt relieved. This Friday we will get our results of the written exams. Then the teachers will tell us who has to take an oral exam. We have to do an oral exam, if we are between two marks. Of course, pupils can also take an oral exam voluntarily but not more than 3.

11.06.2014





Impressions of Hachenburg  
and the surrounding area.





Our class trip to Tuscany, Italy.





A typical day in the hospital...

Our working day always started early, between 6:00 and 7:30 o'clock in the morning. First of all, we had to put on our nurse's working clothes. At the wards we were assigned to the day usually began with a meeting. In that meeting, nurses from the previous shift gave us important information about patients. All nurses discussed the individual cases and treatments of the patients on the ward. At 8 am we brought the breakfast trays to the patients and also made sure they took their medicine. We then helped the patients who could not eat alone. After breakfast was finished and the trays removed from the patient rooms, we started the daily medical checkups, e.g. taking patients pulse, blood pressure and temperature. We also assisted patients in matters of personal hygiene. Afterwards, some patients needed to be taken to special medical exams, like ultrasound, MRT, radiographs or stomach colonoscopy. Usually at midday some patients were dismissed while new patients were admitted and their paperwork processed. Frequently, patients needed assistance in helping them pack their personal belongings or in settling in. Bed sheets needed to be changed and everything had to be cleaned for the new patient. Around noon there was lunch. Again we helped the patients who needed assistance with eating. Later, when the afternoon shift took over at 2pm, there was another staff meeting and the visiting hours started. During that time friends and family members came to visit the patients. Towards the evening there was another round of regular check-ups (pulse, blood pressure, temperature etc.) and all the data was noted down in the patients' files. About midday some patients were dismissed or new patients were assigned taken up on the station and her room. At 4pm the working day ended for the early shift. We changed clothes and enjoyed our free time.

Luisa Peus and Nicole Bölts, 12 G





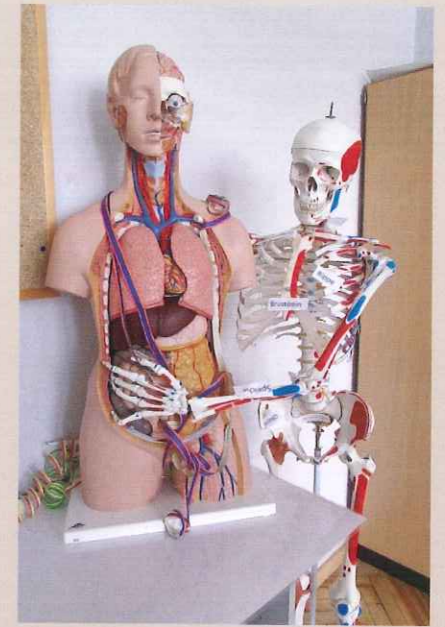
Different kinds of learning...



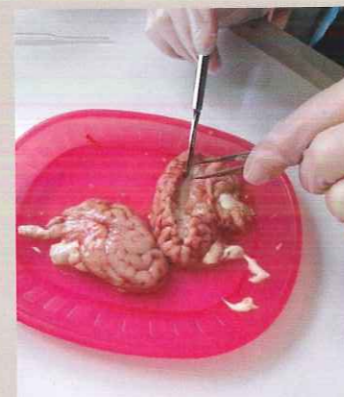
First-Aid-Course



We have a lot of material.



Cooking



Experiment



Football tournament



Experience how a handicapped person feels in our city.



Presentations







Snapshot of working :)



Class 11 W

Hello!

We are the future 12th class of health and your next partner class. We will learn about human body and health systems in other countries.

As soon as we start with the new school year, we are going to contact you and send you more letters and information.

We have 15 people in our class, as you can see in the picture.

We are looking forward to hearing from you and your school!  
Hope, you are all doing well,

Health class of 2013-2015





As part of the business lessons in class 12 we were allowed to experience a new way of learning. In a few lessons we had the chance to work on two different projects for the Westerwald-brewery in Hachenburg. This company produces the best beer in our region.



We had two months to work on our projects and these were very interesting. At the day of our presentation we all were very nervous because of the boss and many unknown people.



In vier Gruppen erarbeiten die Zwölfklässler der FOS Hachenburg Marketingkonzepte für die Westerwald-Brauerei. Foto: Köder-Möldenhauer



We have lots of fun together...:)

After the presentations we all got some presents. We were all very happy to have been part of this interesting project.



Tamara Jäger, 12 W





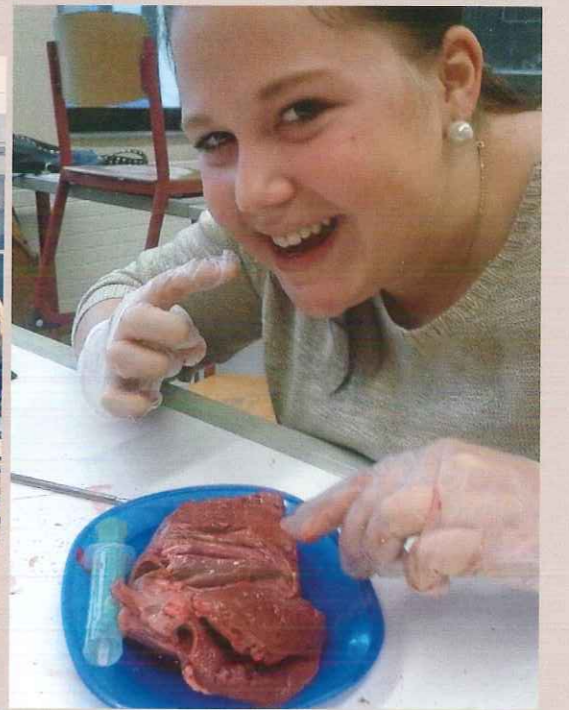
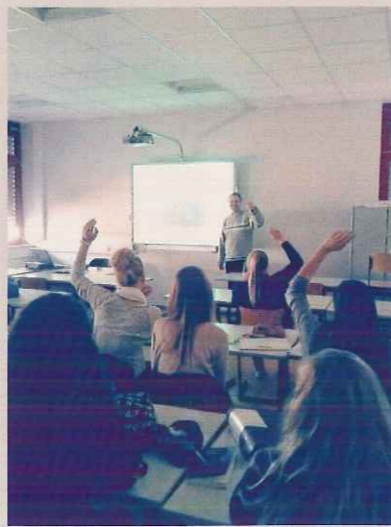
Hello,  
 my name is Iris Niemann. I'm teaching English  
 and German at FOS Hachenburg, with  
 English being my favourite subject ;).  
 I really enjoy teaching at our school because  
 of all the project work we do – like this  
 booklet. It is not only fun but also very  
 rewarding to work with students who really  
 take an interest in their tasks and come up  
 with truly creative ideas. Being an English  
 teacher, of course, I also think it is great that  
 our students could put their English to the test  
 in all the writing they did for this special  
 project. Maybe in the future, some of them will  
 even be able to use their English speaking  
 skills during visits of our two schools. That  
 would be wonderful and something to look  
 forward to.  
 We hope you enjoy this little booklet which  
 gives you an impression of what our school  
 and our students are like;).



From Hachenburg in  
 Germany to Gisagara in  
 Rwanda











This book was created by Ruth Fast.







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